

A SAFE NIGHT OUT, IS A GREAT NIGHT OUT

TIPS FOR A SAFE NIGHT OUT



Victims of Crime NT
supporting victims of crime

Enjoying a night out with friends shouldn't mean that your safety is compromised. If you are going to "hit the town" it pays to be aware of potential dangers and take some simple precautions for your personal safety to ensure that your night out becomes a night to remember for all the right reasons.

Plan Ahead

- Before you go out, ensure you know who you are going with and how you are getting home.
- Remember that the group you go out with can split up during the night, so make sure you have a back-up plan to get home.
- Take your ID, wallet and ensure your phone is charged.
- Take enough cash so that you don't need to visit an ATM alone at night.

Drink Responsibly

- Avoid too many pre-drinks before you leave.
- Stay hydrated and ensure you eat before consuming alcohol.
- Don't leave your drink unattended and be wary of strangers purchasing drinks for you.

Avoid Conflict Situations

- Walk away from disagreeable people - verbal conflict in conjunction with alcohol can quickly turn to physical violence.
- **Remember: one punch can kill.**

Keep Your Items Close

- Wallets, purses and mobile phones are easy targets.
- Keep your valuables close and your purse or bag closed when not in use.

Getting Home

- If you have been drinking, do not drive. Instead, opt for a bus, taxi or Sober Bob.
- If you decide to walk home, stick to well lit areas and busy roads. Avoid short cuts and alleyways and be alert to potential danger and move away when you see it.

Red flags might include:

- o clearly drunk people behaving aggressively
- o being followed
- o groups of people in unlit areas

Home Security

- Before leaving home, ensure you lock up and consider leaving a radio or television on to make it appear that someone is home.
- When you get home remember to lock all the doors on your way in.